

# Kurzdistanz

Mettmann, 21. April 2024

(Altersklassenwertung)

## MJUN

| Pl. | St Nr | Name        | Verein                 | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-------------|------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 245   | Till Kaiser | Team die Brötchenrunde | MJUN | 1   | 0:39:52 (1) | 1:05 | 1:34:01 (1) | 1:54 | 0:20:37 (1) | 2:37:28 |

## MHK

| Pl. | St Nr | Name                 | Verein                     | AK  | Pl. | Laufen 1     | W1   | Radfahren    | W2   | Laufen 2    | Gesamt  |
|-----|-------|----------------------|----------------------------|-----|-----|--------------|------|--------------|------|-------------|---------|
| 1   | 307   | Stijn Witters        | Go Dare                    | MHK | 1   | 0:33:22 (1)  | 0:46 | 1:03:49 (1)  | 1:13 | 0:20:40 (5) | 1:59:51 |
| 2   | 277   | Loïc Pasteger        | CBM Racing team            | MHK | 2   | 0:33:41 (2)  | 0:59 | 1:08:03 (2)  | 1:46 | 0:18:17 (1) | 2:02:46 |
| 3   | 288   | Alex Rodriguez Parés | TRC Essen                  | MHK | 3   | 0:36:54 (3)  | 1:05 | 1:12:51 (4)  | 1:10 | 0:18:19 (2) | 2:10:18 |
| 4   | 268   | Christoph Mrosewski  | SG Welper                  | MHK | 4   | 0:37:25 (4)  | 1:08 | 1:12:08 (3)  | 1:11 | 0:19:12 (3) | 2:11:04 |
| 5   | 232   | Sven Hatzfeld        |                            | MHK | 5   | 0:37:50 (5)  | 1:49 | 1:14:38 (5)  | 1:32 | 0:19:28 (4) | 2:15:17 |
| 6   | 221   | David Endres         |                            | MHK | 6   | 0:41:00 (6)  | 1:08 | 1:17:05 (6)  | 1:32 | 0:22:41 (6) | 2:23:26 |
| 7   | 210   | Fabian Breer         |                            | MHK | 7   | 0:48:57 (8)  | 2:30 | 1:24:36 (7)  | 2:13 | 0:28:03 (7) | 2:46:19 |
| 8   | 219   | Carl Eichborn        | SV Tri City Darmstadt e.V. | MHK | 8   | 0:42:50 (7)  | 2:46 | 1:42:34 (8)  | 3:26 | 0:30:22 (8) | 3:01:58 |
| 9   | 214   | Floris De Ceulaer    |                            | MHK | 9   | 2:39:12 (10) | 0:55 | 1:47:23 (9)  |      | ( )         | 3:06:31 |
| 10  | 297   | Maximilian Sputek    |                            | MHK | 10  | 0:56:21 (9)  | 1:28 | 1:50:28 (10) | 1:41 | 0:34:54 (9) | 3:24:52 |

## TW30

| Pl. | St Nr | Name        | Verein            | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-------------|-------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 252   | Julia Kotte | Recklinghäuser LC | TW30 | 1   | 0:42:53 (1) | 1:46 | 1:27:55 (1) | 1:26 | 0:23:15 (1) | 2:37:15 |
| 2   | 229   | Nele Gering |                   | TW30 | 2   | 0:46:03 (2) | 2:36 | 1:42:33 (2) | 2:37 | 0:25:08 (2) | 2:58:58 |

## TM30

| Pl. | St Nr | Name          | Verein         | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|---------------|----------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 256   | Tim Lammers   |                | TM30 | 1   | 0:33:24 (2) | 0:46 | 1:04:52 (1) | 1:21 | 0:17:32 (1) | 1:57:55 |
| 2   | 215   | Bernhard Deiß | SV Gladbeck 13 | TM30 | 2   | 0:33:23 (1) | 0:49 | 1:11:52 (2) | 1:12 | 0:17:50 (2) | 2:05:06 |

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## TM30

| Pl. | St Nr | Name             | Verein             | AK   | Pl. | Laufen 1     | W1   | Radfahren    | W2   | Laufen 2     | Gesamt  |
|-----|-------|------------------|--------------------|------|-----|--------------|------|--------------|------|--------------|---------|
| 3   | 223   | Daniel Fohrer    | Flynnny-Run        | TM30 | 3   | 0:40:20 (4)  | 1:16 | 1:23:06 (6)  | 1:25 | 0:21:53 (3)  | 2:28:00 |
| 4   | 255   | Julian Lamers    | Tri Club Wuppertal | TM30 | 4   | 0:41:03 (6)  | 1:21 | 1:22:01 (4)  | 1:21 | 0:22:30 (4)  | 2:28:16 |
| 5   | 209   | Felix Bohnen     |                    | TM30 | 5   | 0:39:44 (3)  | 1:38 | 1:22:47 (5)  | 2:18 | 0:22:32 (5)  | 2:28:58 |
| 6   | 304   | Dominik Wassong  |                    | TM30 | 6   | 0:46:11 (9)  | 1:32 | 1:20:11 (3)  | 1:36 | 0:25:26 (9)  | 2:34:56 |
| 7   | 278   | Yorick Peters    |                    | TM30 | 7   | 0:42:37 (8)  | 1:59 | 1:27:30 (7)  | 1:28 | 0:25:10 (7)  | 2:38:43 |
| 8   | 301   | Nils Thölen      |                    | TM30 | 8   | 0:40:44 (5)  | 1:50 | 1:30:20 (9)  | 2:16 | 0:23:51 (6)  | 2:39:01 |
| 9   | 257   | Oliver Lang      |                    | TM30 | 9   | 0:47:01 (10) | 1:38 | 1:29:16 (8)  | 1:36 | 0:28:04 (10) | 2:47:35 |
| 10  | 295   | Maurice Settan   |                    | TM30 | 10  | 0:41:57 (7)  | 0:58 | 1:38:55 (10) | 1:17 | 0:25:20 (8)  | 2:48:26 |
| 11  | 289   | Moritz Sartorius | Tri Club Wuppertal | TM30 | 11  | 0:49:25 (11) | 2:26 | 1:45:49 (11) | 2:18 | 0:32:40 (11) | 3:12:37 |

## TM35

| Pl.  | St Nr | Name               | Verein   | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|------|-------|--------------------|--|------|-----|-------------|------|-------------|------|-------------|---------|
| 1    | 271   | Dominik Neumann    | DLC Aachen/ Peters Sportteam                   | TM35 | 1   | 0:36:56 (2) | 1:11 | 1:08:34 (2) | 1:27 | 0:19:07 (1) | 2:07:16 |
| 2    | 236   | Jan-Niclas Hofmann | Triathlon Team Düsseldorf/<br>Soester Tri Team | TM35 | 2   | 0:39:44 (5) | 1:02 | 1:15:34 (3) | 1:08 | 0:20:39 (4) | 2:18:08 |
| 3    | 235   | Martin Hochheim    | Hildener AT Triathlon                          | TM35 | 3   | 0:37:59 (3) | 1:26 | 1:18:42 (4) | 1:31 | 0:20:23 (3) | 2:20:00 |
| 4    | 294   | Jan Schoofs        | Go Dare Animo Triathlon                        | TM35 | 4   | 0:35:17 (1) | 2:09 | 1:22:41 (6) | 1:58 | 0:20:08 (2) | 2:22:12 |
| 5    | 303   | Steffen Walbrück   |  | TM35 | 5   | 0:38:57 (4) | 1:39 | 1:20:18 (5) | 1:55 | 0:21:49 (5) | 2:24:38 |
| 6    | 241   | Richard Janzen     |  | TM35 | 6   | 0:44:13 (6) | 2:14 | 1:30:01 (7) | 2:52 | 0:23:05 (6) | 2:42:25 |
| 7    | 253   | Marc Leo Krick     | Erdinger Active Team                           | TM35 | 7   | 0:46:14 (8) | 2:16 | 1:38:50 (8) | 2:08 | 0:25:16 (7) | 2:54:44 |
| DISQ | 239   | Yannik Jäger       |  | TM35 |     | 0:39:43 ( ) | 1:27 | 1:41:01 ( ) | 3:08 | 0:20:28 ( ) | 2:45:48 |

## TM40

| Pl. | St Nr | Name            | Verein                     | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-----------------|----------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 213   | Fernando Concha | Triathlon Team Rheinberg   | TM40 | 1   | 0:33:38 (1) | 0:44 | 1:11:11 (2) | 1:11 | 0:19:05 (1) | 2:05:48 |
| 2   | 281   | Stephan Preden  | Triathlon Team TSV Gruiten | TM40 | 2   | 0:38:26 (4) | 1:31 | 1:07:50 (1) | 1:40 | 0:21:17 (4) | 2:10:44 |

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## TM40

| Pl. | St Nr | Name           | Verein                               | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|----------------|--------------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 3   | 270   | Robbie Mutiria |                                      | TM40 | 3   | 0:37:27 (3) | 2:26 | 1:12:22 (3) | 1:30 | 0:19:57 (2) | 2:13:41 |
| 4   | 231   | Peter Handwerk | Schwimmer                            | TM40 | 4   | 0:39:28 (5) | 1:31 | 1:12:32 (4) | 1:20 | 0:21:55 (5) | 2:16:46 |
| 5   | 248   | Frank Kerstan  |                                      | TM40 | 5   | 0:37:06 (2) | 1:29 | 1:16:13 (5) | 1:59 | 0:20:19 (3) | 2:17:06 |
| 6   | 285   | Jonas Rehmann  | SaRoMa Düsseldorf                    | TM40 | 6   | 0:45:34 (6) | 1:51 | 1:19:10 (6) | 1:46 | 0:24:48 (6) | 2:33:09 |
| 7   | 286   | Dennis Riedner | Triathlon Team TSV Gruiten 1884 e.V. | TM40 | 7   | 0:45:37 (7) | 3:46 | 1:35:53 (7) | 2:30 | 0:26:22 (7) | 2:54:09 |
| 8   | 217   | Floreal Dramm  | SV Neptun Neheim-Hüsten              | TM40 | 8   | 1:02:08 (9) | 5:14 | 1:48:55 (9) | 4:22 | 0:38:47 (8) | 3:39:26 |
| DNF | 222   | Uwe Engelbert  | Erdinger Active Team                 | TM40 |     | 0:49:26 (8) | 1:52 | 1:37:20 (8) |      | ( )         |         |

## TW45

| Pl. | St Nr | Name        | Verein            | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-------------|-------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 251   | Silke Kohrs | ASC Ratingen West | TW45 | 1   | 0:46:40 (1) | 1:57 | 1:22:53 (1) | 2:16 | 0:24:56 (1) | 2:38:41 |

## TM45

| Pl. | St Nr | Name                      | Verein                         | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|---------------------------|--------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 225   | Christian Fromme          | TSV Bayer 04 Leverkusen        | TM45 | 1   | 0:38:27 (1) | 1:37 | 1:11:59 (1) | 1:29 | 0:20:18 (1) | 2:13:50 |
| 2   | 204   | Axel Betschinski          |                                | TM45 | 2   | 0:40:02 (2) | 1:48 | 1:16:29 (2) | 1:32 | 0:20:27 (2) | 2:20:18 |
| 3   | 279   | Dave Peters               | Atv Venray                     | TM45 | 3   | 0:41:42 (3) | 2:06 | 1:23:09 (4) | 1:47 | 0:21:43 (3) | 2:30:27 |
| 4   | 202   | Pino Barbera              | Team Erdinger Alkoholfrei      | TM45 | 4   | 0:42:34 (5) | 1:26 | 1:21:04 (3) | 1:28 | 0:24:10 (5) | 2:30:41 |
| 5   | 276   | Cristian Pacheco Gonzalez | Marathon und Triathlon Mülheim | TM45 | 5   | 0:42:19 (4) | 1:44 | 1:28:19 (5) | 1:47 | 0:23:00 (4) | 2:37:09 |

## TW50

| Pl. | St Nr | Name                      | Verein              | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|---------------------------|---------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 259   | Ann-Marie Lawrence-Dörner | SV Greven Triathlon | TW50 | 1   | 0:48:09 (1) | 1:53 | 1:33:40 (2) | 2:08 | 0:24:56 (1) | 2:50:46 |

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## TW50

| Pl. | St Nr | Name         | Verein                 | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|--------------|------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 2   | 244   | Dörte Kaiser | Team die Brötchenrunde | TW50 | 2   | 0:51:34 (2) | 1:37 | 1:32:49 (1) | 2:13 | 0:27:59 (2) | 2:56:11 |

## TM50

| Pl. | St Nr | Name             | Verein                          | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|------------------|---------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 203   | Jens Bartkowiak  | TRC Essen                       | TM50 | 1   | 0:38:36 (1) | 1:02 | 1:19:18 (2) | 1:28 | 0:22:10 (3) | 2:22:35 |
| 2   | 250   | Patrick Kodjayan | Marathon und Triathlon Mülheim  | TM50 | 2   | 0:42:08 (4) | 1:41 | 1:18:28 (1) | 1:29 | 0:22:01 (1) | 2:25:46 |
| 3   | 275   | Jürgen Otto      | PSV Brühl Triathlon Team        | TM50 | 3   | 0:41:28 (3) | 1:05 | 1:19:37 (3) | 1:21 | 0:22:35 (4) | 2:26:06 |
| 4   | 258   | Christof Lange   | Team Adriana                    | TM50 | 4   | 0:41:25 (2) | 1:48 | 1:26:31 (6) | 1:23 | 0:22:09 (2) | 2:33:15 |
| 5   | 283   | Oliver Pütz      | Tri Club Wuppertal              | TM50 | 5   | 0:42:53 (5) | 1:19 | 1:25:44 (5) | 1:32 | 0:22:59 (5) | 2:34:27 |
| 6   | 234   | Mark Hinz        | Marathon und Triathlon Mülheim  | TM50 | 6   | 0:44:48 (7) | 2:21 | 1:20:16 (4) | 1:40 | 0:25:36 (8) | 2:34:41 |
| 7   | 238   | Christian Hoppe  | Berufskolleg Niederberg Velbert | TM50 | 7   | 0:43:48 (6) | 2:30 | 1:34:21 (8) | 2:42 | 0:23:40 (6) | 2:47:02 |
| 8   | 312   | Joachim Wehmeyer | Triathlon Team Düsseldorf       | TM50 | 8   | 0:45:27 (8) | 2:41 | 1:32:04 (7) | 3:26 | 0:24:38 (7) | 2:48:17 |

## TW55

| Pl. | St Nr | Name              | Verein       | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-------------------|--------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 226   | Martina Gaspercic | ASV Duisburg | TW55 | 1   | 0:46:15 (1) | 2:17 | 1:42:33 (1) | 1:44 | 0:24:57 (1) | 2:57:45 |

## TM55

| Pl. | St Nr | Name             | Verein                         | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|------------------|--------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 265   | Andreas Moch     | SG Welper                      | TM55 | 1   | 0:39:11 (1) | 1:30 | 1:11:35 (1) | 1:16 | 0:20:50 (1) | 2:14:21 |
| 2   | 273   | Stefan Ortjohann | Triathlon Team Ratingen 08     | TM55 | 2   | 0:41:04 (2) | 2:08 | 1:23:35 (2) | 2:05 | 0:21:20 (2) | 2:30:11 |
| 3   | 261   | Lars Meißner     | LAC Hochsauerland TVA Arnsberg | TM55 | 3   | 0:46:26 (4) | 2:03 | 1:27:31 (4) | 1:39 | 0:23:46 (3) | 2:41:24 |
| 4   | 296   | Stephan Sonnen   | Triathlon Team Ratingen 08     | TM55 | 4   | 0:47:02 (6) | 1:56 | 1:25:50 (3) | 2:02 | 0:25:32 (5) | 2:42:23 |

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## TM55

| Pl. | St Nr | Name             | Verein                     | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|------------------|----------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 5   | 246   | Bodo Kath        | PSV Iserlohn               | TM55 | 5   | 0:46:10 (3) | 2:06 | 1:32:32 (5) | 2:15 | 0:25:41 (6) | 2:48:45 |
| 6   | 309   | Volker Frohnhoff | Triathlon Team Ratingen 08 | TM55 | 6   | 0:47:01 (5) | 2:11 | 1:41:02 (6) | 2:25 | 0:24:48 (4) | 2:57:27 |

## TM60

| Pl. | St Nr | Name                | Verein             | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|---------------------|--------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 302   | Frank Timmermans    | ATV Venray         | TM60 | 1   | 0:41:59 (2) | 1:44 | 1:17:33 (1) | 1:43 | 0:23:00 (2) | 2:25:59 |
| 2   | 233   | Ralph Hettrich      | SSF Bonn Triathlon | TM60 | 2   | 0:41:18 (1) | 1:38 | 1:19:13 (3) | 1:39 | 0:22:33 (1) | 2:26:21 |
| 3   | 299   | Norbert Stollenwerk | TV Erkelenz        | TM60 | 3   | 0:45:13 (3) | 1:48 | 1:18:45 (2) | 1:47 | 0:25:22 (4) | 2:32:55 |
| 4   | 205   | Axel Bitzer         | Tri Club Wuppertal | TM60 | 4   | 0:45:53 (4) | 1:15 | 1:22:16 (5) | 1:42 | 0:24:16 (3) | 2:35:21 |
| 5   | 266   | Michael Mohr        |                    | TM60 | 5   | 0:46:23 (5) | 2:46 | 1:19:47 (4) | 2:26 | 0:28:34 (6) | 2:39:55 |
| 6   | 280   | Dirk Pfeiffer       | ASV Duisburg       | TM60 | 6   | 0:49:31 (6) | 3:27 | 1:41:38 (6) | 2:28 | 0:26:28 (5) | 3:03:33 |

## TM65

| Pl. | St Nr | Name              | Verein                        | AK   | Pl. | Laufen 1    | W1   | Radfahren   | W2   | Laufen 2    | Gesamt  |
|-----|-------|-------------------|-------------------------------|------|-----|-------------|------|-------------|------|-------------|---------|
| 1   | 298   | Jan Hauke Stöcken | Triathlon Club Wuppertal e.V. | TM65 | 1   | 0:34:01 (1) | 0:59 | 1:50:08 (1) | 1:54 | 0:41:11 (1) | 3:08:12 |